

**Menus for
May
2024**

**Byron Bergen
Junior Senior
High School**

This institution is an equal opportunity provider. Menus are subject to change.

CINCO de MAYO

Cinco de Mayo (Spanish for "May Fifth") is a time to celebrate Mexican-American food and culture in the U.S. It's a much bigger

SCHOOL LUNCH HERO DAY

AND SCHOOL NUTRITION EMPLOYEE APPRECIATION DAY

Available Daily
Milk and Fruit offered at all meals
Please use [Myschoolbucks.com](https://myschoolbucks.com)
[Myschoolapps.com](https://myschoolapps.com)
Budget Vote May 21st
Please Vote
Bistro 21st, Field Days 30th

The original value meal is more valuable than ever!


All of our complete meals are **NO CHARGE** for all students Through June 30, 2024. Available in school daily.

Wednesday, May 1
Breakfast
Breakfast Yogurt Parfait
Lunch
Hamburger on Bun
L,T,C, Pickle
Pizza Line
Baked Beans
French Fries
Fruit

Thursday, May 2
Breakfast
Toaster Pastry
Lunch
Ham & Cheese Hot Pocket
Macaroni Salad
Sub Line
Veggie Dippers
Salt Potatoes
Fruit

Friday, May 3
Breakfast
Bagel & Cream Cheese
School Lunch Hero Day
Tacos
Churro
Pizza Line
Corn
Black Bean Salsa
Fruit

COOK FRESH.
A lot of processed foods – cereal, ketchup, cheese, and soda, to name just a few common items -- are often loaded with sodium (whether you can taste it or not) and most restaurant meals are very high in salt, too. In fact, the best way to be sure that your family is not eating too much sodium is to cook fresh foods at home and keep your hands off the shaker.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, May 6
Breakfast
Cereal Bar & Cheese Stick
Lunch
Pulled Pork Nachos
Cheddar Cheese, Pickles
Pizza Line
Corn
Sweet Potato Fries
Fruit

Tuesday, May 7
Breakfast
Crescent
Lunch
Chicken Quesadilla, Rice
L, T, Cheese & SC
Sub Line
Mixed Vegetables
Refried Beans
Fruit

Wednesday, May 8
Breakfast
Waffles
Lunch
Philly Cheese Sub
Onions & Peppers, Pickle
Pizza Line
Potato Salad
Romaine & Tomato Salad
Fruit

Thursday, May 9
Breakfast
Breakfast Sandwich
Lunch
Variety Pizza
Sub Line
Veggie Dippers
Green Beans
Fruit

Friday, May 10
Breakfast
Bagel & Cream Cheese or PB
Lunch
BBQ Rib on Bun
L,T,C & Pickle
Pizza Line
Corn
Cucumber Salad
Fruit



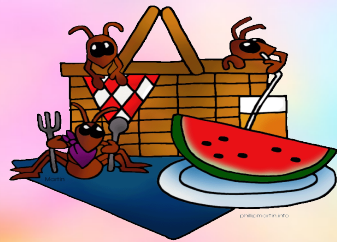
SUMMER MEALS! ALL KIDS EAT FREE!

No paperwork necessary. Must be 18 or under for free meals.

Monday - Friday,

July 15th - Aug 19th, 2023

Please call 494-1220 ex1015 for more info.



Sites and times:

**Byron Bergen Elementary School Breakfast
& Lunch**

Hickory Park, Bergen –Lunch only


Fireman's Park, Byron-Lunch only

Lunch is from 11:15 am to 12:30pm

Anyone up through 18 years old can eat

<p>Monday, May 13</p> <p>Breakfast Cereal & Crackers</p> <p>Lunch Chicken Patty on Bun Lettuce, Tomato, Cheese</p> <p>Pizza Line</p> <p>Sweet Potato Fries Corn Fruit</p>	<p>Tuesday, May 14</p> <p>Breakfast Homemade Muffin</p> <p>Lunch Grilled Cheese Sandwich</p> <p>Sub Line</p> <p>Tater Tots Tomato Soup/Crackers Veggie Cups & Dip Fruit</p>	<p>Wednesday, May 15</p> <p>Breakfast Breakfast Burrito</p> <p>Lunch Variety Pizza</p> <p>Pizza Line</p> <p>Veggie Cups Fruit Juice Fruit</p>	<p>Thursday, May 16</p> <p>Breakfast Waffles</p> <p>Lunch Macaroni & Cheese Roll</p> <p>Sub Line</p> <p>Romaine Salad Green Beans Fruit</p>	<p>Friday, May 17</p> <p>Breakfast Bagel and Cream Cheese</p> <p>Lunch Italian Dunkers, Sauce Bread Stick</p> <p>Pizza Line</p> <p>Broccoli Veggie cups & Dip Fruit</p>
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<p>Monday, May 20</p> <p>Breakfast Cereal & Cheese Stick</p> <p>Lunch Pasta & Meat Sauce Bread Stick</p> <p>Pizza Line</p> <p>Corn Carrots Fruit</p>	<p>Tuesday, May 21</p> <p>Breakfast Toaster Pastry</p> <p>Lunch Chicken Fingers & Muffin</p> <p>Sub Line</p> <p>Broccoli Cucumber Slices Fruit Budget Vote Day Bistro</p>	<p>Wednesday, May 22</p> <p>Breakfast Homemade Muffin</p> <p>Lunch Pork Chop & Roll</p> <p>Pizza Line</p> <p>Mashed Potatoes /Gravy Sweet Potatoes Fruit</p>	<p>Thursday, May 23</p> <p>Breakfast Loaded Hash Brown</p> <p>Lunch Breakfast For Lunch French Toast, Eggs, Sausage</p> <p>Sub Line</p> <p>Hash Browns Fruit Juice Fruit</p>	<p>Friday, May 24</p> <p>Have a Safe and Fun Long Weekend</p> <p>No School</p>
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<p>Monday, May 27</p> 	<p>Tuesday, May 28</p> <p>Breakfast Cereal & Crackers</p> <p>Lunch Hamburger on Bun L,T,C & Pickle</p> <p>Pizza Line</p> <p>Baked Beans French Fries Fruit</p>	<p>Wednesday May 29</p> <p>Breakfast Breakfast Pizza</p> <p>Lunch Variety Pizza</p> <p>Sub Line</p> <p>Veggie Cups Fruit Juice Fruit</p>	<p>Thursdaay, May 30</p> <p>Breakfast Breakfast on a Stick</p> <p>Lunch Hot Dog on Bun</p> <p>Sub Line</p> <p>Macaroni Salad Potato Salad Watermelon</p>	<p>Friday, May 31</p> <p>Breakfast Bagel & Cream Cheese</p> <p>Lunch Chicken Fajita, Rice Peppers & Onions</p> <p>Pizza Line</p> <p>Refried Beans Mixed Vegetables Fruit</p>
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